



3357 Walker Road - Unit #3
Windsor ON N8W 3R9

KEEP THIS INFORMATION ON HOW TO REACH US

OUR OFFICE NUMBER: 519-252-4784

Please leave us a message if you have any non-urgent questions, or to cancel or change appointments; your call will be returned within 1 - 2 business days. Our office hours are currently on Tuesdays, Wednesdays and Thursdays in our office space located at:

3357 Walker Road – Unite # 3
Windsor ON N8W 3R9

Emergency Service Number (Pager): 519-790-7777

The service number is for midwifery client emergencies. When you call the pager number you will talk to an operator who will ask you very specific questions about the nature of the concern. Ask for you midwife by name. The operator will then page the midwife. **PLEASE STAY OFF THE PHONE. Your midwife will call you back within 15-20 minutes; if your midwife has not called you back, then call the paging service again.** For non-pregnancy related concerns please contact your doctor or nurse practitioner.

If it seems you have a problem which must be dealt with immediately, page your midwife, regardless of the time of day.

CONTACT US IMMEDIATELY IF YOU EXPERIENCE THE FOLLOWING:

- Any vaginal bleeding which is bright red or dark
- Severe abdominal, or upper gastric pain
- Severe, unusual headaches and blurred vision
- Illness with vomiting, or fever for over 24 hours
- Any leaking of amniotic fluid, weather gush or trickle unless otherwise discussed with your midwife
- A noticeable decrease in fetal movement
- Regular contractions prior to 37 weeks
- Active labour at term (contractions 5 minutes apart or less, lasting 45-60 seconds for at least an hour
- If you have a car accident please inform us as soon as possible